

Remembering Oneness

One glance at the seeming discord in our outer physical world, and it is easy for us to forget the oneness in Spirit that unites all. I am here, you are there, and the distance between us appears insurmountable. But beyond the body's borders, no space exists where my essence ends and yours begins. Many of our great teachers were aware of this.

According to *A Course in Miracles*, separation does not exist in Truth, only in our ego-based illusion of this world. In *Science of Mind*, Ernest Holmes writes, "There is nothing but Unity" (128), and Jesus declares in John 10:30, "I and my Father are one." The divine force that permeates all physical forms is Love, which cannot be divided.

As One, there is nothing I can say that your soul does not hear, nothing you can do that does not affect me at the base level. Meteorologist Edward Lorenz taught us that when a butterfly flaps its wings, weather patterns on the opposite side of the world are affected. When I toss a pebble into a pond, it generates a ripple effect that extends vastly outward from the center of its drop. What I do singularly affects many. As I exhale, you inhale. We are partners in a tandem dance to a cosmic tune recognizable by those who live consciously.

Why is it important to know this? As a minister of Light, have you doubted your call? Have you been overwhelmed by the magnitude of the task? Take heart. In our awareness of the condition of Oneness, we have been sufficiently prepared to carry out the assigned duty. There is nothing in the outer world that cannot be healed by my wholeness within. When I am at peace, my vision is clear, and my surroundings are so affected. When you speak affirmations of hope, my soul hears that. We are effective in the world because to touch the individual is to reach the mass. Remember that.

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